

# Toolbar

## TUESDAYS

## 2012 Community Benefit Discussion Series

Meeting the second Tuesday  
of published months

Noon-12:45 p.m.

The Coffee House (3<sup>rd</sup> & Knoblock)  
East Meeting Room

Co-Sponsors: Stillwater H.E.L.P. Group, Pastor Prayer Network and Stillwater C.A.R.E.S.

FEB 14

### TIME MANAGEMENT :: first things first

*Suzette Barta, Economist & Dea Rash, Family Consumer Science Educator, both of OSU Extension Services*  
You can't manage time. You can only manage what it is you would do with the time you have allocated. Time keeps tick, tick, ticking away ... and it will be worth your time to discover how to prioritize to make best use of the precious resource of time.

MAR 13

### STRESS MANAGEMENT :: breathe in, breathe out

*Paige Wacker, Mind Performance Coach*  
Admit it: Working with people can be stressful! Handling stressful situations well can actually have positive results when affirmative steps are taken to provide an outlet. Leave the punching bag at home. Apply these practical pointers, then you can put that punching bag on your next yard sale.

APR 10

### FRIEND RAISING :: relationships are everything

*Quinn Schipper, Executive Director, Stillwater CARES*  
Do you wish your organization had an army of friends? Friends will support your mission in every way imaginable: volunteering, advising, making connections, finding speaking opportunities, and yes, even giving money. Get the whole community engaged in your mission, and you'll never go back to your old ways again!

MAY 8

### ONE STOP SHOP :: pros and cons

Panel Moderator: *Quinn Schipper, Executive Director, Stillwater CARES*  
What would happen if provider agencies and charitable organizations were literally together under one roof? Promising? Ridiculous? Let's open this can of worms with panelists *Sheri Carter (United Way)*, *Aaron Cole (First Assembly of God)*, *Brenda Gill (Wings of Hope)*, and *Norman McNickle (Department of Public Safety)*.

JUN 12

### ONE STOP SHOP :: virtual and real

Discussion Moderators: *Sheri Carter (Stillwater Area United Way)* and *Quinn Schipper (Stillwater CARES)*  
Now that the worms are out of the can, where do we go from here? What might be the community impact of a "One Stop Shop" in Stillwater? Based on last month's session, come process with others what both a virtual and a real One Stop Shop could look like.

JUL 10

### INTERNS :: win-win in the workplace

*Philip Goodwin, Assistant Director of Employer Relations for OSU Career Services*  
OSU's Career Services Office does more than just help students seeking a part-time job while attending OSU or full-time employment after graduation. Many students desire opportunities to volunteer and nonprofits are a great place for them to gain experience as interns. Your organization might be their perfect fit!

SEP 11

### GRANT WRITING :: tips and trends

*Diana Hartley, Program Officer, Sarkeys Foundation*  
The majority of grants are submitted and awarded in the fall of the year. Come learn from a seasoned representative of one of Oklahoma's most respected foundations. Discover tips and trends to be aware of when preparing and submitting your final grants for 2011.

OCT 9

### COMMUNITY IMPACT :: tell your story

*Janet Fultz, Executive Director, Payne County Youth Services*  
Not everyone has a "poster child," but all have a story. A good story tells who you are, what you stand for, shows the road you're on, speaks to the imagination, gives people something to hold on to, and inspires a response from your stakeholders. Discover the art of authentic, coherent, compelling story-telling!

NOV 13

### COMMUNITY IMPACT :: measure results

*Jackie Steyn, Senior Director of Crisis Services, Oklahoma City YWCA*  
Can you say for certain that the efforts of your organization are having a lasting, positive impact upon the lives of those it serves? Now's the time to evaluate your year, prepare for 2013, and leverage those measurable results for communication with donors, board members, volunteers, and others who believe in what you do.